



Task # 4

A HEALTHY LUNCHBOX: Let's make a mini-book!

DURATION

45 minutes.

MATERIALS

- Song: A Healthy Lunchbox
- Poster with food items
- Scissors
- Glue sticks
- Crayons
- Magnets
- Copies of sheets with healthy and junk food.
- Envelopes with food items
- Paper lunchbox mini-books
- Instructions Flashcards

COMPETENCIES

- CCC4- to use creativity.
- C2 -to communicate orally in English.
- CC8-To cooperate with others.

EVALUATION CRITERIA

- C1-use of learning strategies
- C2 – Use of words, strings of words and short expressions

PREPARATION (5-10 minutes)

- 1- Start the class by playing the song *A Healthy Lunchbox* to create a cozy atmosphere.
- 2- Ask questions about what students eat for lunch.





- 3- Learn them new vocabulary words related to food with a poster (Task 4, Appendix A).

CARRYING OUT THE TASK (10-15 minutes)

- 1-Write on the board what mommy and Billy put in the lunchbox
- 2- Present a poster with new vocabulary about food (Task 4, Appendix A)
- 3-Present a model of a mini-book (Task 4, Appendix B)
- 4-Form two groups of four.
- 5-Explain to the pupils what the task consist of, using the flashcards with the words related to the different steps required to make the mini-books. (Task 4, Appendix C)
- 6- Hand-out sheets with healthy and junk food. (Task 4, Appendix D)
- 7-Hand-out envelopes with previously cut food pictures shuffled (Task 4 Appendix E)
- 8- Hand out the previously cut labels "Student's Lunchbox" to stick on the cover page of their mini-books (Task, Appendix F)
- 9-Students make use of resource material (flashcards Appendix C) and consolidate knowledge acquired during LES to create their own mini-book (Appendix B).
Students work with others but create their own books using the guidelines.

INTEGRATION (10 minutes)

- 1- Students ask questions to each other about what they have in their lunchbox. (What healthy food do you have in your lunchbox? Do you have (food word) in your lunchbox ?.
- 2- Students will answer the questions (Yes/no, or short answers) and ask questions one at a time to each other.

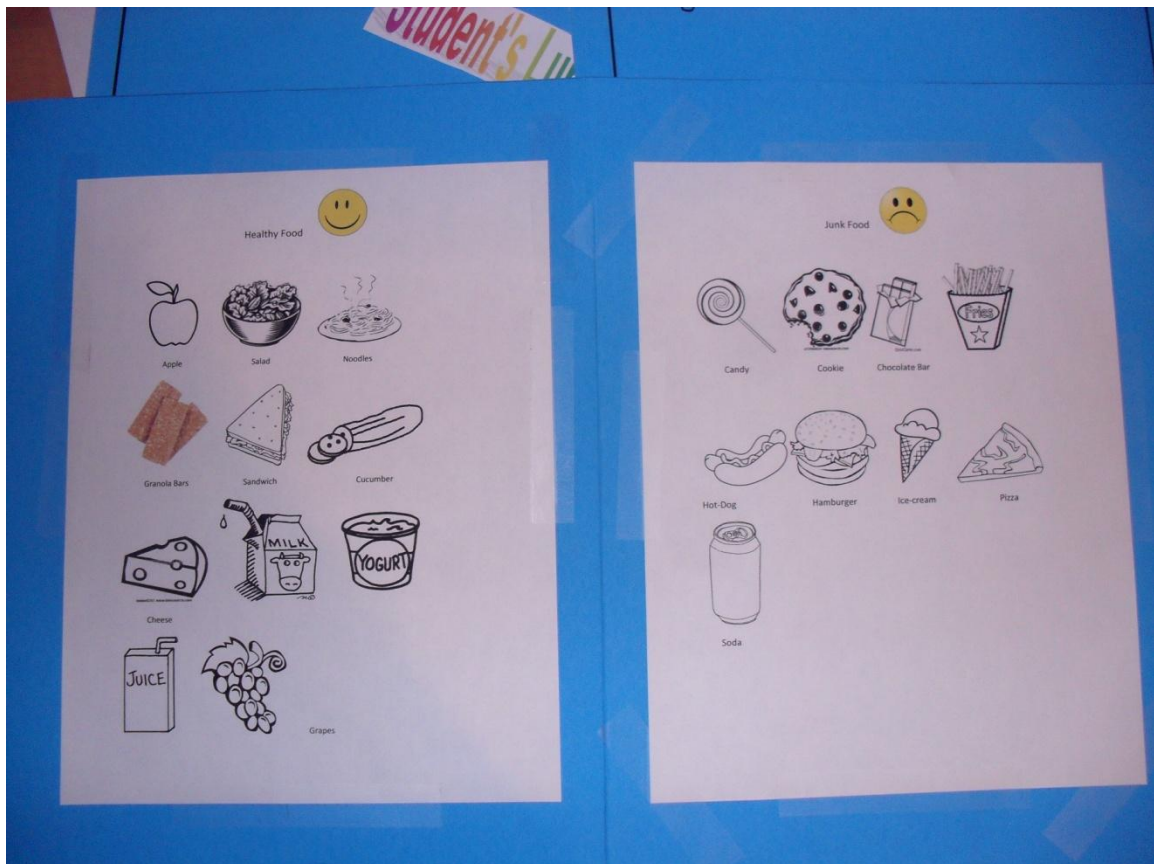




IDEAS TO EXTEND THE ACTIVITY

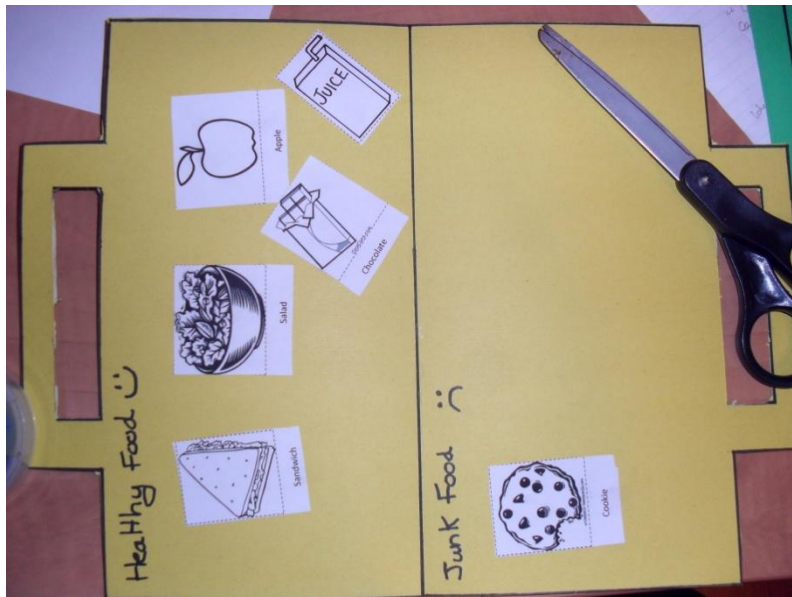
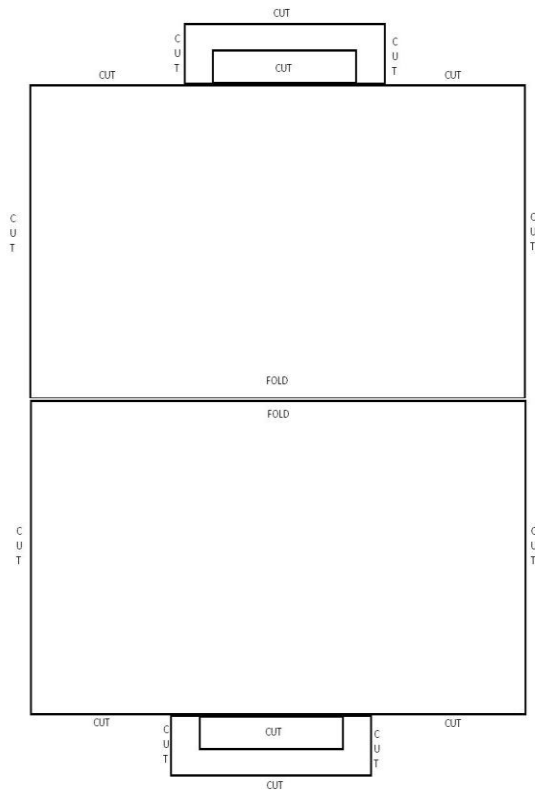
- Ask the students to draw, cut and paste food drawings that they already know.
- Exchange other students' mini-books and tell to the class what their peers have for lunch.

Task 4, Appendix A



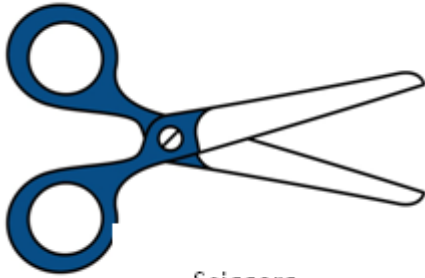


Task 4, Appendix B

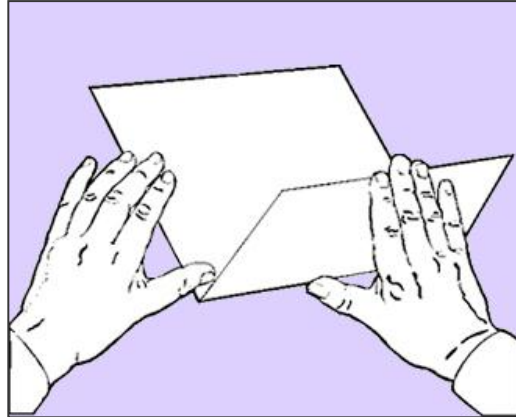




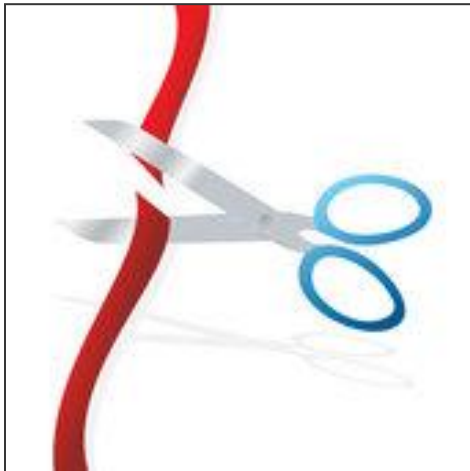
Task 4, Appendix C



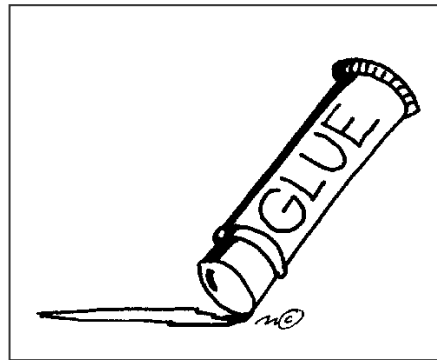
Scissors



Fold



Cut



Glue



Paste



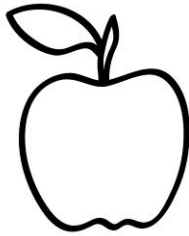
Colour





Task 4, Appendix D

Healthy Food



An Apple



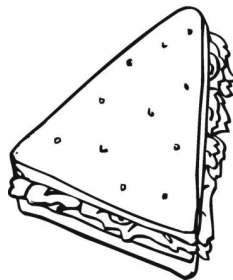
A Salad



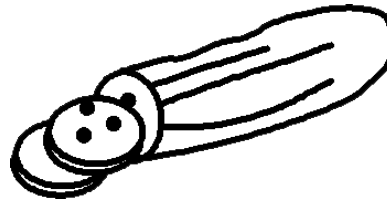
Noodles



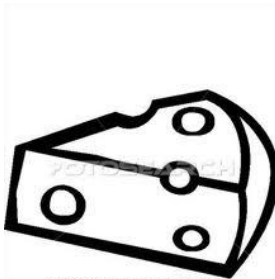
Granola Bars



A Sandwich

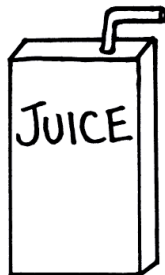


A Cucumber



Cheese

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Grapes





Task 4, Appendix D

Junk Food



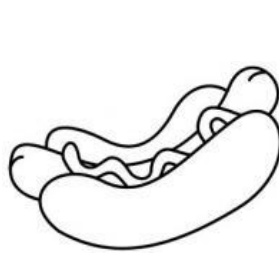
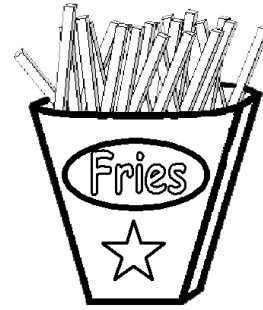
A Candy



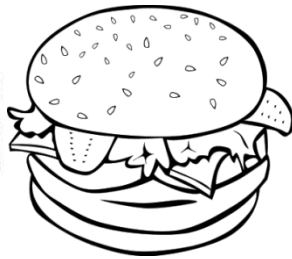
Cookie



A Chocolate Bar



A Hot-Dog



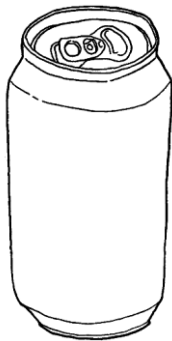
A Hamburger



Ice-cream



Pizza



Soda

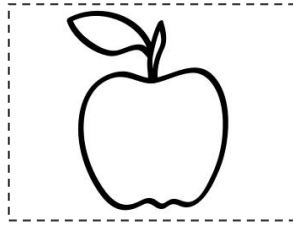




Task 4, Appendix E



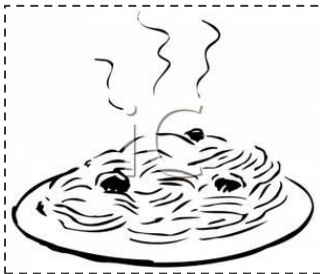
A Chocolate Bar



An Apple



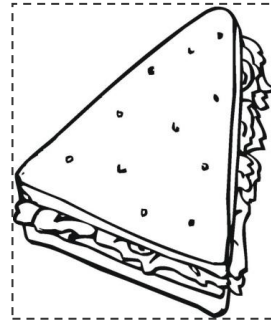
A Salad



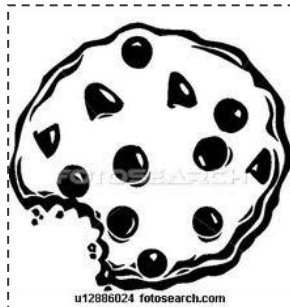
Noodles



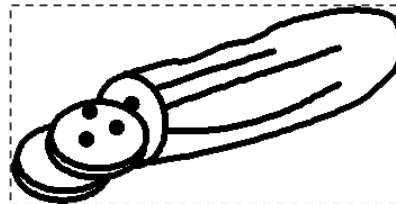
Granola bars



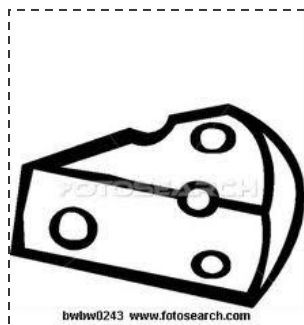
A Sandwich



A Cookie

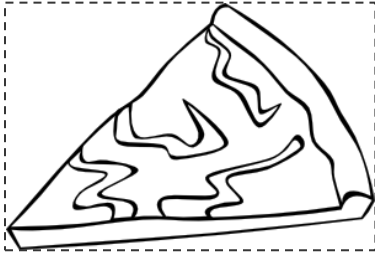


A Cucumber

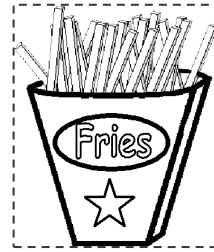
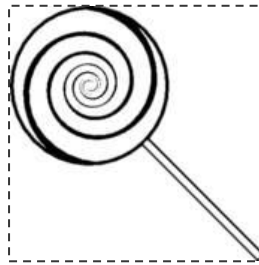
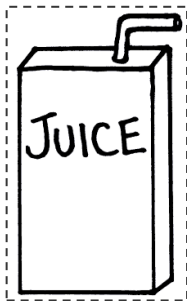
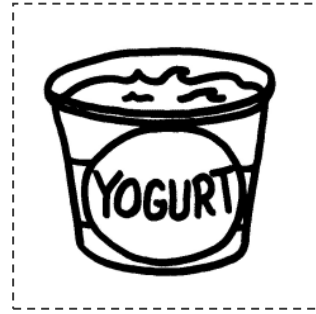


Cheese

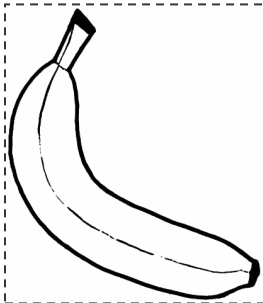




Pizza



A Candy



A Banana



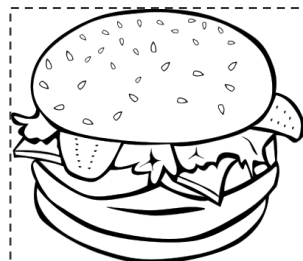
Grapes



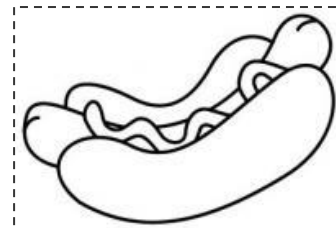
Cake



Ice-cream



A Hamburger



A Hot-dog





Student's Lunchbox

Student's Lunchbox

Teacher's Lunchbox

